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COMMONWEALTH of VIRGINIA

DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Post Office Box 1797 Richmond, Virginia 23218-1797

Regular Meeting MEETING MINUTES

9:30 a.m., Wednesday, March 29, 2023

DBHDS Southwestern Virginia Mental Health Institute, B Building 340 Bagley Circle, Marion, VA 24354, VA

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available.

Members Present	R. Blake Andis; Rebecca Graser, Vice Chair; Kendall Lee; Moira Mazzi; Christopher Olivo; and Sandra Price-Stroble.
Members Absent	Varun Choudhary; Elizabeth Hilscher, Chair.
Staff Present	 Ellen Harrison, Chief Deputy Commissioner. Curt Gleeson, Assistant Commissioner, Crisis Services. Madelyn Lent, Policy Manager. Josie Mace, Legislative Affairs Manager. Suzanne Mayo, Senior Director, Office of Patient Continuum Services, Facility Services Division. Cynthia McClaskey, Ph.D., Director, Southwestern Virginia Mental Health Institute (SWVMHI). Meghan McGuire, Deputy Commissioner, Policy and Public Affairs. Nathan Miles, Budget Director. Susan Puglisi, Regulatory Research Specialist. Ruth Anne Walker, Regulatory Affairs Director and State Board Liaison.
Guests Present	 Invited guests: Jennifer Faison, Executive Director, Virginia Association of Community Services Boards. Other Guests In Person: Mary Cole, Executive Director, Planning District 1 CSB. Barbara Bartnik, citizen. Other Guests Attending Electronically: Charlotte Arbogast, Senior Policy Analyst and Regulatory Coordinator, DARS.

Call to Order and	 Katie Boyle, Director of Government Affairs, Virginia Association of Counties. Rebecca Herbig, Acting Director of Litigation, disability Law Center of Virginia. Tess Hinteregger, Senior Legislative Analyst, JLARC. Leah Mills, Deputy Secretary, Health and Human Resources. MiMi Sedjat, Director, Eastern Shore CSB. Allyson Tysinger, Senior Assistant Attorney General, and Health Services Section Chief. At 9:30 a.m., Rebecca Graser, Vice Chair, called the meeting
Introductions	to order and welcomed those present. A quorum of six members was physically present. Ms. Graser reported that the chair regretted that she was unable to attend. After introductions, on behalf of the State Board, Ms. Graser thanked Mt. Rogers CSB director and staff for the tours and meeting location yesterday and for Highlands CSB for presenting at the dinner meeting, along with comments from New River Valley Community Services, Mt. Rogers, and Dr. McClaskey.
	And that leads me to another thank you on behalf of the board, to Dr. McClaskey and all the staff here at Southwestern for the hospitality today, including the wonderful breakfast.
Approval of Agenda	At 9:31 a.m. the State Board voted to adopt the March 23, 2023, agenda. Ms. Graser asked for an amendment to add a Board Member Spotlight to the agenda. With that amendment, on a motion by Sandra Price-Stroble and a second by Kendall Lee, the agenda was approved.
Approval of Draft Minutes	At 9:34 a.m., on a motion by Dr. Lee and a second by Blake Andis, the December 7, 2022, minutes were approved as final.
Public Comment	Ms. Graser stated a period for public comment was included on the draft agenda, but there were no citizens signed up to speak.
Director's Welcome and Presentation	At 9:40 a.m., Dr. Cynthia McClaskey, Director of SWVMHI, welcomed everyone to southwestern Virginia. The presentation included information on the SWVMHI catchment area compared to the rest of Virginia; challenges of substance use disorder rates in the region, increases in admissions of individuals with intellectual or developmental disabilities, drop off admissions, an aging facility and physical plant, and workforce recruitment. In spite of challenges, SWVMHI is a values and data driven organization that focuses on hope.

SWVMHI has continuously maintained Joint Commission accreditation, CMS Medicare IPT certification, and CMS Medicaid Nursing Facility certification since obtaining these accreditations/certifications. This is partly attributable to several strategies for success.

There are numerous committees and activities supporting quality assurance and performance improvement, with planning around specific indicators.

Ms. Graser expressed agreement with the emphasis on hope as part of the recovery process.

Presentation available upon request.

Commissioner's Report

At 10:15 a.m., Ellen Harrison, Chief Deputy Commissioner, updated the State Board on the six pillars of the Governor's initiative, "Right Help, Right Now Plan," to address behavioral health challenges, encompassing crisis care, law enforcement burden, substance use disorder support, behavioral health workforce and service delivery innovation. The Governor's proposed budget for this new plan would add \$230 million new funds across several state agencies to address critical needs within the system for FY 2024. The six pillars are:

- 1. Ensure same-day care for individuals experiencing behavioral health crises.
- 2. Relieve law enforcement's burden and reduce the criminalization of mental health.
- 3. Develop more capacity throughout the system, going beyond hospitals, especially community-based services.
- 4. Provide targeted support for substance use disorder and efforts to prevent overdose.
- 5. Make the behavioral health workforce a priority, particularly in underserved communities.
- Identify service innovations and best practices in pre-crisis prevention services, crisis care, post-crisis recovery and support and develop tangible and achievable means to close capacity gaps.

In addition to Right Help, Right Now, Ms. Harrison reminded members of the commissioner's DBHDS North Star Plan, which is the agency strategic plan to help make broad systematic improvements in the areas of workforce, the continuum of care, and system modernization. The agency is working on ways to publish the dashboard on the DBHDS website to share it broadly with stakeholders. The board would get a review of it at a future meeting.

Ms. Graser asked about the over 30 additional new mobile crisis teams planned. The funds help staff up the existing teams that are at about 40% staffing; this will lead to 24/7 ability to respond to 9-8-8 calls at a one-hour radius throughout the state.

Ms. Graser also asked about CCBHCs There are four CSBs that have met all the requirements except the prospective payment piece. The proposed model will allow for the certification process for the financial sustainability, as there are four operating, but the hope is to have them in all 40 CSBs. Mt. Rogers, PD1, NRVCS, and Richmond Behavioral Health Authority have all gone through the SAMHSA grant process and the expansion grant process. They have some lessons learned for the remaining CSBs.

Ms. Graser reported hearing of a shortage of Naloxone in the eastern part of the state, from some emergency medical technicians (EMTs). Ms. Harrison said she wants to have a conversation about that after the meeting to be sure there is no shortage. *Postscript: Ms. Graser inquired and confirmed that Naloxone supply is plentiful in the region.*

Ms. Graser asked if CSBs, through CCBHCs, will be more uniform even when the tax base for a catchment area varies. Ms. Harrison responded that this effort was started in 2016 and resulted in STEP-VA. The nine core services in STEP-VA emulate the nine mandatory services for CCBHCs for certification. STEP-VA is not completely built out but is a strong model for standardization across Virginia for access to care, even though STEP-VA is not completely built out. The prospective payment system, a new model for working with Department of Medical Assistance Services, will allow for more of a draw down of federal funds and allows for the model to do reimbursements based on expenses. Currently, it is not based on the cost of doing business; this will allow for financial sustainability. There are mandated reporting structures and outcome measurements, so there are things that will need to be done differently. But it will allow for a longer-term look at Virginia's system of care. Ms. Graser assumed the CSBs will have to 'up their game' to reach certification. Ms. Harrison responded that this allows for the build out of services.

Ms. Graser asked Dr. McClaskey about Medicare and the geriatric population, particularly in the substance use disorder treatment where Medicaid is accepted for payment but not Medicare. Dr. McClaskey responded that several state hospitals have certified adult Medicare beds. SWVMHI is the

Regulatory Business	only hospital where the older population has Medicare and Medicaid. It is a challenge to get individuals off Medicaid to go into a nursing home (step downs, guardianship, etc.). Ms. Graser sees more older adults with substance use disorders in her area. <i>Presentation available upon request.</i> At 10:50 a.m., Ms. Graser called for a five minute break. At 10:55 a.m., Ruth Anne Walker provided a brief review of regulatory actions and drafts in process as listed in the matrix on page 13 of the packet. There may be several actions that come forward at the July meeting; however, two things that can take an unpredictable amount of time – lead office staff time to review and give revisions on drafts, and time for the Office of the Attorney General to preliminarily review drafts before they are brought to the State Board for action. It may be that a Committee of the Whole would be needed the afternoon before to give members information prior to voting the following day. The office will keep the members apprised of that possibility or the need for an additional meeting at some point in the
	calendar year.
Update: State Hospital Discharges	At 11:02 a.m., Suzanne Mayo, reported on challenges to the state hospital census. Namely, the impact of the bed of last resort legislation, temporary detention orders to state hospitals versus private hospitals, "front door" impacts and "back door" impacts, and discharge challenges. The extraordinary barriers to discharge (EBL) list has fluctuated with a high of 246 individuals in 2019 to 166 individuals currently. There are several protocols and paths DBHDS uses to facilitate discharge: the community integration team, planning initiatives, funded discharge resources, and older adult initiatives. Ms. Graser commented that the COVID-19 protocols have made it difficult to find placements. Ms. Mayo responded that the protocol will likely be updated. <i>The presentation is</i>
Facility Taxon	available upon request.
Facility Tour Lunch: Break and Collect Lunch	At 11:20 a.m., Ms. Graser announced that the meeting would suspend while board members toured the facility with Dr. McClaskey, followed by lunch. The meeting would resume at 12:30 p.m.
Recognition	At 12:36 p.m., Ms. Harrison recognized Dr. McClaskey's dedicated 35 years of service at SWVMHI with a plaque and comments from current and former colleagues.
Board Member Spotlight	At 12:40 p.m., Christopher Olivo spoke about his family and work life. Originally from New York, he grew up surrounded by music, he likes motorcycle riding. He and his wife have always

	wanted their 14 year old son, Quinn, who has Downs Syndrome and other related medical conditions, to be integrated in society like anyone else. Their dog Murray is an important part of the household. His son became involved early on in the theater and Mr. Olivo builds sets for Tabb High School where he teaches math. They both love to play golf, often with Mr. Olivo's father. Every summer they spend time at a cabin in northern Maine. The family participates in several community groups. Quinn is a member of the cheering squad.
Update: Virginia Association of Community Services Boards	At 12:50 p.m., Jennifer Faison, Executive Director, VACSB, reported on the association's perspective on the status of the services system, and recent session activities. Because the budget has not been adopted by the General Assembly, local governments are waiting to know what funding will be available. She noted the numerous retirements from the legislature will require a lot of grassroots building of relationships with new members. She reported that the Board of Counseling has concerns about the qualified mental health professional (QMHP) members of the workforce. The association is involved with the Governor's Prompt Placement TDO Taskforce.
	Ms. Graser noted that the Department of Health Professions Board of Counseling screening process for peer recovery specialists to register (to be able to bill Medicaid) and the issue of many PRS having criminal backgrounds. It will be addressed going forward.
	Ms. Graser also mentioned barrier crimes and the need to make it easier for PRS to be able to be hired. Ms. Faison expects that the association will be well poised next year to bring forward legislation to make more crimes screenable.
	Dr. Lee appreciates that CSBs are cognizant of the Medicaid reverification for Part C services. It won't impact some families, but will be significant for others. Anything that CSBs can do to help with that will be appreciated.
2023 General Assembly Legislative and Budget	At 1:30 p.m., Nathan Miles, Budget Director, and Josie Mace, Legislative Affairs Manager, provided information on the recent legislative session including legislative actions taken.
_3050	Administration Bills HB2313/SB1132 Criminal history record information; dissemination. DCJS did not think it had authority to share information with DBHDS when a patient admitted under forensic status.

- HB1976/SB1299 Temporary detention; release of detained individual. This allows the facility director to release an individual before expiration of the order.
- HB2216/SB1347 Health insurance; coverage for mobile crisis response services and residential crisis units.
 Commercial health insurance for mobile crisis services.
 Other Bills of Interest
- Licensing Package (HB1900, HB1945, SB1544, HB2255/SB1155). The last three bills have evolved into studies regarding reducing administrative burden on providers; as originally introduced, the language would have put the US Department of Justice's Settlement Agreement with Virginia at risk.
- HB1659 DBHDS; Department of Education; best practice standards related to the transition of records and transfer of services for students with disabilities.
- SB973 Civil commitment of sexually violent predators; penalty. This makes it a Class 6 felony for someone adjudicated as an SVP on conditional release to tamper with the ankle GPS monitor.
- HB1465/SB836 Problem Gambling Treatment and Support Advisory Committee.

Some workgroups need the budget to pass before they can convene. DBHDS has over 50 legislative reports. Legislative outreach will start in May; the changes of members in the legislature will bring committee changes and new members needing more background information. The 2024 legislative proposal development is starting soon.

Mr. Miles stated that there are no changes since the budget report sent in February of the two chambers' money committee reports of changes on the Governor's proposed budget.

The legislative presentation is available upon request.

Update: CIT, Cross Systems Mapping, CITAC At 1:48 p.m., Curt Gleeson, Assistant Commissioner, Crisis Services, reported on Virginia's crisis system and efforts to align services into an integrated continuum that is both the least restrictive and least costly. Elements of behavioral health crisis system design and planning were reviewed, and the work within the Governor's Right Help Right Now Initiative within Workstream 1 to ensure same-day care for individuals experiencing behavioral health crises. DBHDS will evaluate new funding proposals from CSBs based upon set criteria to equitably distribute funds for projects across the state, including consideration of priority sites. A new portal for the funding submissions and evaluation process is established.

Additional information was provided on the Right Help Right Now Workstream Two focused on relieving the law enforcement community's burden while providing care and reduce the criminalization of behavioral health. The presentation is available upon request. **Committee Reports** At 1:40 p.m., Ms. Graser and Josie Mace reported that the Policy and Evaluation Committee met that morning and heard background information on one policy and suggested edits from the lead office for another policy 1043(SYS)08-1 Disaster Preparedness (Craig Camidge). Ms. Josie Mace touched on suggested revisions from Craig Camidge, DBHDS Enterprise Management Services Director. The revisions will be decided upon at the next committee meeting. 1023(SYS)89-1 Workforce Cultural and Linguistic Competency: Ms. Glencora Gudger provided background information on this policy. 1008(SYS)86-3 Services for Older Adults with Mental Health or Substance Use Disorders, Intellectual Disability, or Co-Occurring Disorders (Revisions) is expected to be moved on in July.

At 1:45 p.m., Mr. Olivo reported on the Planning and Budget Committee:

- A presentation was received by Ms. Harrison on the details of the Governor's Right Help Right Now initiative.
- A review of the schedule for the biennial planning meeting.
- An update on known changes needed to the Bylaws were reviewed, with a draft to be brought to the committee in July and the full board in September.
- A quarterly budget report was distributed.

Miscellaneous

At 2:05 p.m., Ms. Graser opened the miscellaneous topics:

- A. As amended: Board Member Spotlight: Christopher Olivo.
- B. Liaison Updates: Ms. Price Stroble reported that she attended via Zoom a meeting of the region's CSB executive directors. Dr. Lee reported receiving an to attend two Mental Health Awareness Days sponsored by Crossroads Community Services Board on May 6th in Farmville VA and May 20th in Blackstone VA. He also contacted Crossroads to schedule a time to meet with Dr. Melba Moore, Executive Director.
- C. Nominating Committee: Ms. Graser noted the hard copy memo from the chair of the 2023 Nominating Committee appointments of Ms. Price-Stroble as Chair, Ms. Mazzi and Mr. Olivo as members.
- D. 2023 December Meeting date: The meeting date was affirmed as Wednesday, December 6, 2023.

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Adjournment	There being no other business, Ms. Graser adjourned the meeting at 2:12 p.m.

2023 REGULAR MEETING SCHEDULE	
July 11, 2023, afternoon July 12, 2023	DBHDS Central Office (Biennial Planning Meeting), Richmond DBHDS CSH and HDMC, Petersburg
September 27, 2023	DBHDS PGH and VCBR, Burkeville
December 6, 2023	DBHDS Central Office, Richmond

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Planning and Budget Committee

MINUTES

March 29, 2023 8:30 a.m. – 9:25 a.m. DHBDS SWVMHI DOGWOOD ROOM MARION, VA

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available.

Members Present: R. Blake Andis; Christopher Olivo.

Members Absent: Elizabeth Hilscher, Board and Committee Chair; (one vacancy).

Staff Present: Ellen Harrison, Ruth Anne Walker.

I. Call to Order

A quorum being present, at 8:30 a.m., Christopher Olivo, called the meeting to order.

II. Welcome and Introductions

At 8:31 a.m., Mr. Olivo welcomed all present.

III. Adoption of Minutes, December 6, 2022

At 8:32 a.m., on a motion from Blake Andis and a second from Mr. Olivo the meeting minutes from December 6, 2022, were adopted unanimously.

IV. Standing Item: *Identification of services and support needs, critical issues, strategic responses, and resource requirements to be included in long-range plans; work with the department to obtain, review, and respond to public comments on draft plans; and monitor department progress in implementing long-range programs and plans.*

Ensure that the agency's budget priorities and submission packages reflect State Board policies and shall, through the Board's biennial planning retreat, review and comment on major funding issues affecting the behavioral health and developmental services system, in accordance with procedures established in POLICY 2010 (ADM ST BD) 10-1.

A. Governor's Initiative: Right Help Right Now

At 8:33 a.m., Ellen Harrison, Chief Deputy Commissioner, gave a detailed discussion on the purpose of the Right Help Right Now initiative and Virginia's activities to improve the system.

B. Review the priorities set at the Biennial Planning Meeting and topic areas for board meetings through July 2023.

At 9:00 a.m., Ms. Walker reviewed the biennial planning process upcoming in July and noted that the previous each of the 2021 priorities had been covered at least twice in meetings since 2021.

V. Other Business

A. State Board Budget Quarterly Report. Handout

At 9:07 a.m., the board's quarterly budget report was reviewed.

B. Discuss 2023 expected changes to the Bylaws.

At 9:10 a.m., Ms. Walker updated members on the expected changes to the Bylaws relating to changes in state law regarding electronic meetings. A draft of revisions would come to the committee in July and the full board in September. Mr. Olivo asked to see drafts of recent updates to the Bylaws to get a feel for recent changes.

VI. Next Steps:

A. Standing Item: Report Out

Updates from committee planning activities would be reported out to the Board in the regular meeting.

B. Next Meeting:

The next meeting is scheduled for July 12, 2023.

VII. Adjournment

At 9:15 a.m., Mr. Olivo adjourned the meeting.

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Policy and Evaluation Committee

MINUTES

March 29, 2023 8:30 a.m. – 9:25 a.m. DHBDS SWVMHI Small Conference Room MARION, VA

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available.

Members Present: Rebecca Graser, Board Vice Chair and Committee Chair; Kendall

Lee; Moira Mazzi; Sandra Price-Stroble.

Members Absent: Varun Choudhary.

Staff: Josie Mace, Committee Staff and Legislative Affairs Manager.

Glencora Gudger, Behavioral Health Equity Consultant, Office of

Behavioral Health Wellness.

Madelyn Lent, Policy Manager, Division of Policy and Public Affairs.

Guests: MiMi Sedjat, Eastern Shore CSB.

I. Call to Order

Ms. Rebecca Graser called the meeting to order at 8:35 a.m.

II. Welcome and Introductions

Ms. Graser welcomed all present and called for introductions.

III. Review of 2023 Policy Review Plan and Presentation of Policies for Discussion

a. 1008(SYS)86-3 Services for Older Adults with Mental Health or Substance Use Disorders, Intellectual Disability, or Co-Occurring Disorders (Revisions)

No revisions were made to this policy.

b. 1040(SYS)06-3 Consumer and Family Member Involvement and Participation (Revisions)

No revisions were made to this policy.

c. 1043(SYS)08-1 Disaster Preparedness (Revisions)

Ms. Josie Mace shared with the committee suggested revisions from Craig Camidge, DBHDS Enterprise Management Services Director. The revisions will be decided upon at the next committee meeting.

d. 1044(SYS)12-1 Employment First (Revisions)

No revisions were made to this policy.

e. 1010(SYS)86-7 Board Role in the Development of the Department's Comprehensive State Plan for Mental Health, Mental Retardation and Substance Abuse Services (Background)

Ms. Mace provided background information on this policy.

f. 1023(SYS)89-1 Workforce Cultural and Linguistic Competency (Background)

Ms. Glencora Gudger provided background information on this policy.

IV. Next Quarterly Meeting: July 12, 2023.

V. Other Business (10 min)

There was no other business to come before the committee.

VI. Adjournment

Ms. Graser adjourned the meeting at 9:15 a.m.

COMMUNITY DINNER MEETING MEETING MINUTES

Tuesday, March 28, 2023 6:00 p.m. – 7:30 p.m.

Smyth-Wythe Conference Room, E.W. Cline Building (Mt. Rogers CSB) 770 West Ridge Road, Wytheville, VA 24382

Members Present	R. Blake Andis; Rebecca Graser, Vice Chair; Kendall Lee; Moira Mazzi; Christopher Olivo; and Sandra Price-Stroble.
Members Absent	Varun Choudhary; Elizabeth Hilscher, Chair.
Staff Present	 Ellen Harrison, Chief Deputy Commissioner. Dr. Cynthia McClaskey, Director, DBHDS SWVMHI Ms. Merle Obregon, Training and IT Director, DBHDS SWVMHI. Ruth Anne Walker, Regulatory Affairs Director and State Board Liaison. Mr. Matt Woodlee, Clinical Director, DBHDS SWVMHI.
Invited Guests Present	 Highlands CSB Mr. Bill Hartley, Chair, Highlands CSB. Ms. Rebecca Holmes, Executive Director, Highlands CSB. Wes Mullins, Deputy, Washington County Sheriff's Office. Ike Roberts, Deputy, Washington County Sheriff's Office. Mt. Rogers CSB Sandy Bryant. Executive Director, Mt. Rogers CSB. Mary Coulson, Chair, Mt. Rogers CSB. Joanne GroseClose, Mt. Rogers CSB. KJ Holbrook, Chief Clinical Officer, Mt. Rogers CSB. Logan Nester, Communications Director, Mt. Rogers CSB. New River Valley CSB Melanie Adkins, Clinical Director, New River Valley CSB. James Pritchett, Executive Director, New River Valley CSB.
Welcome and Introductions	With all expected guests present, at 5:53 p.m., Rebecca Graser, Vice Chair, called the meeting to order and stated a quorum was present. She informed those present that no business would be conducted but information would be received on community activities in the region. Ms. Graser thanked all for attending and initiated introductions. Sandy Bryant, Executive Director, Mt. Rogers Community Services Board, welcomed all to the Mt. Rogers CSB.
Dinner	At 6:05 p.m., Ms. Graser invited all to collect dinner and visit until the start of the presentation.

Presentation: Highlands Community Services Board	At 6:25 p.m., Rebecca Holmes, Executive Director, Highlands CSB, presented on services provided by the CSB and numbers of individuals served. In particular, she updated the State Board on the crisis intervention team assessment center (CITAC) and other crisis services. Ms. Holmes introduced two deputies from Washington County, Deputy Wes Mullins and Deputy Ike Roberts, who work collaboratively with the CSB to provide appropriate behavioral health crisis responses. <i>Presentation available upon request.</i>
Remarks	At 7:11 p.m., Cynthia B. McClaskey, Ph.D., Director of DBHDS SWVMHI Hospital, gave brief remarks on facility services and the coordination of services in the region. James Pritchett, Executive Director, New River Valley Community Services, and NRVCS Clinical Director Melanie Adkins, provided information on NRVCS. Ms. Bryant provided additional comment and Mt. Rogers staff KJ Holbrook and Logan Nester presented on that CSB's services.
Comments and Discussion	At 7:40 p.m., Ms. Graser opened the floor for general comments and discussion.
Closing Remarks	At 7:50 p.m., Ellen Harrison, DBHDS Chief Deputy Commissioner, remarked on the topics covered. Ms. Graser also provided comment on the information received.
Adjournment	At 7:55 p.m., on behalf of the State Board, Ms. Graser expressed sincere thanks to Sandy Bryant and Mt. Rogers CSB for arranging the two tours preceding the meeting and for the use of the administrative office space. Ms. Graser thanked Ms. Holmes for her presentation; also, Dr. McClaskey, Mr. Pritchett, and all the CSB and facility representatives. Ms. Graser then adjourned the meeting.